

A DAY'S DOINGS.

Which Wilbur is Not at All Interested.

"You don't ask me what I did," said the man's wife as the man returned with the everlasting paper.

"Well, what did you do?"

"It's always the way with you. You don't seem to take the slightest interest. When you tell me anything I am as interested as I can be; but never are. You know perfectly well that I went downtown for. If I didn't it isn't because I haven't told you twenty times. If you'd tell me I wouldn't be likely to forget it. I know, but I might be the messenger instead of your wife for ever learn of your doings. I sit here all day—"

"You didn't today, did you, my dear?"

"No, aren't you aggravating, Wilbur? Didn't I just tell you that I had been downtown the whole forenoon? I'm tired to death, too?"

"Sorry," said the man.

"Well, do you want to know what I did?"

"No, I don't want to know what you did today, did you, my dear?"

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Sugar as Food.
Two scientists have recently reached very different conclusions in regard to the nourishing value of sugar. In recent years experts have shown an inclination to recommend with great warmth sugar as an article of food. Now, however, an entirely different view of the matter is taken by Dr. von Bunge. In an article published in the Journal for Biology, under the title "The Increasing Consumption of Sugar, and Its Dangers."

The investigator concludes from the well-known fact that children who eat sugar are pale and have bad teeth, that sugar, owing to the fact that it does not contain iron and lime, and that it is substituted for other foods containing these materials, has an injurious effect, and its use should not be recommended. For this reason Dr. von Bunge advocates an increase of the German sugar tax.

Another important physiologist, Prof. Lepine, of Lyons, takes a diametrically opposite position, and shows from von Bunge's own tables that there is very little lime or iron in any of our food. His conclusion is that an increased consumption of sugar could not for the reasons advanced by von Bunge have a deleterious effect. He, moreover, calls attention to the fact that in France, where, owing to its high price, sugar is really an article of luxury, and where accordingly only one-third as much per head of population is used as in Germany, the people do not seem to enjoy better health than the Germans.

The only bad result of the large consumption of sugar in Germany appears to be an increased demand for the services of dentists, but in this respect Germany's dental troubles are not greater than France's. Prof. Lepine declares that, from the standpoint of a hygienist, he would rejoice to see his fellow-countrymen increase their consumption of sugar fourfold and that he would not have the slightest anxiety in regard to consequences. —Picaune.

RATS!
"Did I tell you the story of the old church bell?"
"No. Let's hear it."
"Sorry, but it can't be told only on Sunday."—Cleveland Plain Dealer.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. 23 trial bottle and treatise free. Dr. H. R. Kline, Ld., 931 Arch St., Phila., Pa.

HIS LONG STANDING.
"Ah!" said the doctor, "nervous dyspepsia. Is it a case of long standing?"
"Yes," replied the patient, "that may have something to do with it."
"What do you mean?"
"Long standing. I'm a motorman."

PHILIPPINE "DOBIE ITCH."
Itching Pimples Covered Body—Discharged For Disability—Found Cure in Cuticura Remedies.

"While stationed in the Philippines I became subject to the 'Dobie Itch.' Small, white, itching pimples formed under the skin, generally between the toes, on the limbs, between the fingers and under the arms. I got so bad that I was confined to my quarters a week at a time. I was discharged from the Engineers by reason of disability contracted in line of duty, and when I had the trouble again, my druggist recommended Cuticura Remedies. The immediate relief was manifest with my first purchase and the malady quickly yielded to the Cuticura Remedies. It has never recurred since I used the Cuticura Remedies. John S. Woods, 221 Sands St., Brooklyn, N. Y., Oct. 21 and 28, 1906."

THE UNTOLD JEST.
"I say, D'Orsay, have you ever heard that joke about the guide in Rome who showed some travelers two skulls of St. Paul, one as a boy and the other as a man?"
"Aw, dear boy—no—aw, let me hear it."—Boston Transcript.

Sewing Eyes.
Are put to a fearful strain, get inflamed, blood-shot and sore. Leonard's Golden Eye Lotion cools, heals and strengthens. Cures sore eyes without pain in one day. Insist on having "Leonard's"—it makes strong eyes. Guaranteed or money refunded. Druggists sell it at 25 cts. or forwarded prepaid on receipt of price by A. B. Leonard & Co., Tampa, Fla.

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IN THESE DAYS.
Old Nurse—"By low, my baby."
Financier's Infant—"And sell high. Give us a lullaby that's new in the market."—Baltimore American.

Under ordinary circumstances the carrier pigeon will fly 100 miles per hour.



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If one is rich enough to repaint his buildings every year for the pleasure of having a change of color scheme, the quality of the paint used may cut little figure. But if it is desirable to cut the painting bills down to the least amount possible per year, it is of the utmost importance that the paint be made of Pure white Lead and the best of Linseed Oil. There are imitations in the form of alleged White Lead, and there are substitutes in the form of ready-prepared paints.

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The Argo Red Salmon of Alaska has the deepest red color, and the finest flavor of any Salmon packed. It is packed entirely by machine, and not touched by hand. One trial makes a customer.

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A WOMAN'S SUFFERINGS.

A Dreadful Operation Seemed to Be the Only Outcome.

Mrs. Clyde Pixley, Bridge St., Beiding, Mich., writes: "I had inflammation of the bladder, and the trouble had gone so far in five years that my physicians said nothing but an operation would cure me. Awful bearing down pains, backaches and headaches tortured me, there were spells of dizziness and faintness, the kidney secretions were like blood and passed with intense pain. I had lost 30 pounds when I began using Doan's Kidney Pills, and was dreadfully nervous. In one week I felt better and to-day I am a well woman and have been for a long time."

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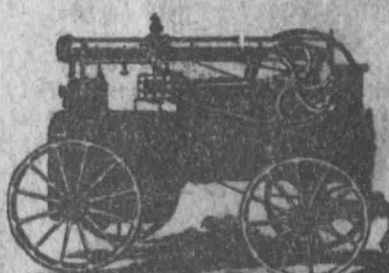
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